

KENDRIYA VIDYALAYA DHENKANAL

INSTRUCTIONS TO STUDENTS

Dear Students,

Follow the following instructions when at school/home-

1. Avoid stressful situation by talking and sharing with others and help to keep yourself and your school safe and healthy.
2. Protect yourself and others by :
 - Washing hands frequently with soap and safe water for at least 40 seconds.
 - Not touching face
 - Not sharing cups, eating utensils, food or drinks with others
3. Act as a leader in keeping yourself, your school, family and community health by :
 - Sharing what you have learnt about preventing disease with your family and friends, specially with younger children
 - Model good practices such as sneezing or coughing into your elbow and washing your hands, specially for younger family members.
4. Do not stigmatize your peers or tease anyone about being sick.
5. Tell your parents, other family members, or a care giver, if you feel sick and ask to stay home.

(A.K. MALLICK)
PRINCIPAL
KV DHENKANAL